



hope . wellness . authenticity .

MW COUNSELING

AUTHORIZATION TO RELEASE/EXCHANGE INFORMATION

Client Name

Date of Birth:

I, \_\_\_\_\_, hereby authorize MW Counseling to:

- ☐ disclose information to
- ☐ receive information from
- ☐ exchange information with

Name or Agency Name

Email Address

Phone Number

Mailing Address

City

State

Zip

Relationship to client:

- ☐ Self
- ☐ Parent/Legal guardian
- ☐ Other (specify): \_\_\_\_\_

The specific types of health information to be released are: (Check all that apply)

- |  |  |
|--|--|
| <input type="checkbox"/> Assessment                          | <input type="checkbox"/> Diagnosis                           |
| <input type="checkbox"/> Psychosocial Evaluation             | <input type="checkbox"/> Psychological Evaluation            |
| <input type="checkbox"/> Current Treatment Update            | <input type="checkbox"/> Medication Management Information   |
| <input type="checkbox"/> Presence/Participation in Treatment | <input type="checkbox"/> Medical History and Evaluation(s)   |
| <input type="checkbox"/> Mental Health Evaluations           | <input type="checkbox"/> Developmental and/or Social History |
| <input type="checkbox"/> Educational Records/Information     | <input type="checkbox"/> Treatment Coordination              |
| <input type="checkbox"/> Treatment Plan or Summary           | <input type="checkbox"/> Continuing Care Plan                |
| <input type="checkbox"/> Discharge/Transfer Summary          | <input type="checkbox"/> Fees and Services                   |
| <input type="checkbox"/> Psychotherapy Notes                 | <input type="checkbox"/> Other (specify): _____              |

☐ Progress Notes and Treatment or Closing Summary

Such disclosures shall be limited to the following specific types of information:

☐ Psychiatric diagnosis(es)

☐ Dates of Treatment

☐ Treatment Summary

☐ Initial Treatment Plan

☐ Full Treatment Record

☐ Other (specify): \_\_\_\_\_

The above information will be used for the following purposes:

☐ Diagnosis/evaluation

☐ Case review

☐ Treatment planning/ ongoing treatment

☐ Case review

☐ Coordination of services

☐ Fee payment

☐ Determining eligibility for benefits or program

☐ Other (specify): \_\_\_\_\_

This authorization shall remain valid until: \_\_\_\_\_ (not to exceed one year).

I understand that this information may be protected by Title 42 (Code of Federal Rules of Privacy of Individually Identifiable Health Information, Parts 160 and 164) and Title 45 (Federal Rules of Confidentiality of Alcohol and Drug Abuse Patient Records, Chapter 1, Part 2), plus applicable state laws. I further understand that the information disclosed to the recipient may not be protected under these guidelines if they are not a health care provider covered by state or federal rules.

I understand that this authorization is voluntary, and I may revoke this consent at any time by providing written notice, and after one (1) year this consent automatically expires. I understand that any cancellation or modification of this authorization must be in writing. I have been informed what information will be given, its purpose, and who will receive the information. I understand that I have a right to receive a copy of this authorization. I understand that I have a right to refuse to sign this authorization. I understand that information used or disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and may no longer be protected by the HIPAA Privacy Rule, although applicable Arizona law may protect such information.

If you are the legal guardian or representative appointed by the court for the Client, please attach a copy of that documentation to receive this protected health information.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

---

Parent/Guardian Name

---

Parent/Guardian Signature Date

---

Parent/Guardian Name